

## How much does *Health for Her* cost?

*Health for Her* is for all women. If you have health insurance, your health plan is charged for the services. If you do not have insurance, the cost of *Health for Her* services is based on how much you can pay. No one is denied services.

## How do I make an appointment for *Health for Her* services?

You can make a day or evening appointment at any of the 16 locations listed on the back of this brochure. Call one of them today to schedule a visit.

If you have questions about *Health for Her* or other family health services, call the Family Health Information Line at **1-800-942-7434**. Our staff speaks English and Spanish. We're ready to help.

*"I don't  
have health  
insurance, but  
with Health for  
Her I can still  
get the care  
I need."*



## Health for Her Locations

### CENTRAL FALLS

Blackstone Valley  
Health Center  
724-7110

### CRANSTON

Family Health Services  
of Cranston & Coventry  
943-1981

### COVENTRY

Family Health Services  
of Cranston & Coventry  
828-5335

### EAST PROVIDENCE

East Bay  
Family Health Care  
437-1008

### JOHNSTON

Tri-Town Health Center  
351-2750

### NEWPORT

Visiting Nurse Services  
of Newport  
849-2101

### PASCOAG

Northwest Community  
Health Services  
568-7661

### PAWTUCKET

Blackstone Valley  
Health Center  
722-0081

Memorial Hospital  
Family Care Center  
729-2304  
729-2206  
729-2769

### PROVIDENCE

Allenberry Health Center  
444-0570

Capitol Hill  
Health Center  
444-0550

Central Health Center  
444-0580

Fox Point Health Center  
444-0530

Olneyville Health Center  
421-7820

### WAKEFIELD

Health Center of  
South County  
783-0523

### WOONSOCKET

Thundermist  
Health Associates  
767-4100

# Health for Her

Physical Exams

Blood Pressure Checks

Health Education  
& Counseling

Pap Smears

Breast Exams

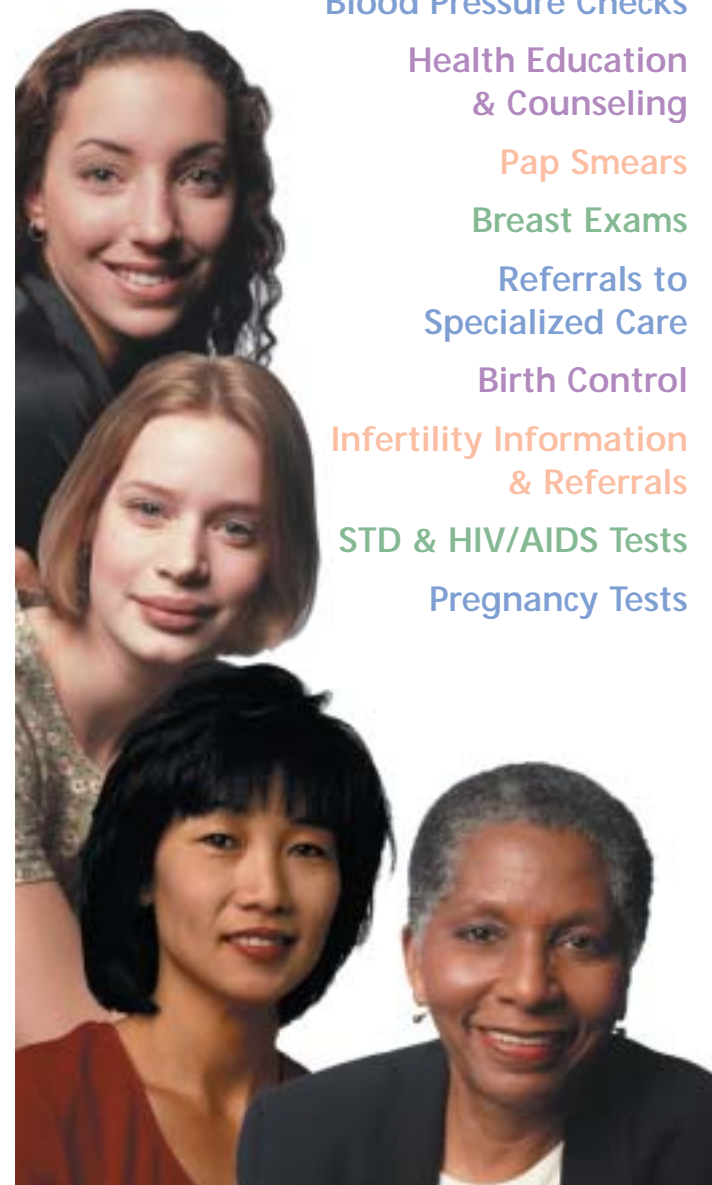
Referrals to  
Specialized Care

Birth Control

Infertility Information  
& Referrals

STD & HIV/AIDS Tests

Pregnancy Tests



*Health for Her is Rhode Island's  
Title X (ten) program.*

## What is *Health for Her*?

*Health for Her* is a women's health program that provides high-quality care, education, and counseling to women of all ages.

Services are provided by caring professionals who help you stay healthy through testing, early detection, and treatment of illness.

*"Even though life is busy, it's important to make time to get an annual checkup."*

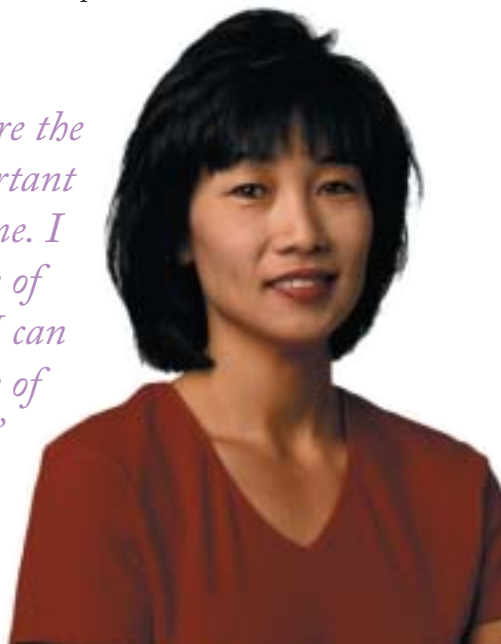


## What services does *Health for Her* offer?

*Health for Her* offers affordable services that are important to your health including:

- ◆ Physical exams
- ◆ Blood tests
- ◆ Health education
- ◆ Blood pressure checks
- ◆ Pap smears
- ◆ Breast exams
- ◆ Birth control for you and your partner
- ◆ Confidential testing for sexually transmitted diseases
- ◆ Infertility information and referrals
- ◆ Pregnancy tests
- ◆ Family planning counseling
- ◆ Menopause information and care
- ◆ Nutrition counseling
- ◆ Referrals to specialized care

*"My kids are the most important thing to me. I take care of myself so I can take care of them."*



## Why is *Health for Her* important for you?

Even if you feel fine, it's still important to get health care. Don't avoid care because you're afraid of what a doctor may find. *Health for Her* covers exams and tests that can identify a number of diseases early enough to prevent illness and keep you healthy.

You're busy. People depend on you. For yourself and for those who care about you, you need to stay healthy.

*"I used to only go to the doctor when I didn't feel well. But seeing a doctor once a year can help prevent problems before I get sick."*

